

Service for the Lord's Day September 24, 2023

"Anything that's human is mentionable, and anything that is mentionable can be more manageable. When we can talk about our feelings, they become less overwhelming, less upsetting, and less scary."

-Fred Rogers

WELCOME!

Whether you are a member or a visitor, worshiping with us in-person or online, you are welcome here.

Information about our church is found in the narthex or online: eastminsterchurch.org. At the welcome table or on our website, you can sign up for our weekly emails.

Masks are available at the welcome table for those who would like to wear them.

Children are always welcome in worship at Eastminster. Your child can sit with you in the pew or sit in the space created for children at the front of the sanctuary.



Hymn books and Bibles can be found under the pews.

This is a livestream worship service, and the camera and microphones are on the whole time. While the camera is most often focused on the front of the sanctuary, there is a chance that you will be captured on camera.

* Congregation is invited to rise in body or in spirit. **Bold text** is read or sung by the congregation.

ORDER OF WORSHIP FOR THE LORD'S DAY

September 24, 2023

10:00 a.m.

GATHERING

Prelude

Welcome & Announcements

The grace of our Lord Jesus Christ be with you. *And also with you.*

Threshold Moment

Opening Prayer

*Hymn #314 Longing for Light, We Wait in Darkness

*Call to Confession

*Prayer of Confession

Creator God, you made us with full and complex hearts that can respond in so many ways to the realities of your world. Forgive us when we deny what we feel, or lash out from our feelings; when we are turn away from others' grief, fear, or anger; when we believe you only love us if we pretend everything is okay; when we try to be less than the people you have made us to be. Give us strength to face the fullness of our own hearts, and to love others as we meet them.

We pray in the name of Christ.

*Silent Confession

*Assurance of Pardon

*Sung Response #188 Jesus Loves Me!

Jesus loves me! This I know,

for the Bible tells me so.

Little ones to him belong.

They are weak, but he is strong.

Yes, Jesus loves me!

Yes, Jesus loves me!

Yes, Jesus loves me!

The Bible tells me so.

*Passing of the Peace (Share the peace of Christ with the person next to you)

PROCLAIMING THE WORD

Children's Sermon

Prayer for Illumination

Scripture Reading Ephesians 4:25-5:2

Special Music "Then Your Heart is Full of Love"

Scripture Reading Mark 3:1-6

Sermon The Mad You Feel

RESPONDING TO THE WORD

Time of Reflection

Pastoral Prayer & Lord's Prayer

Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts, as we forgive our debtors; and lead us not into temptation but deliver us from evil. For thine is the kingdom and the power and the glory, forever. Amen.

*Hymn O God We Rage At Hurtful Things (Tune: Our God, Our Help in Ages Past)

O God, we rage at hurtful things Beyond our own control, Like all the pain that illness brings To body, mind and soul.

There's much we cannot understand; O Lord, we ask you, "Why?" And yet in Christ you know firsthand The tears your people cry.

O Christ, your loving, saving touch Heals children, women, men. We pray for ones we love so much; Lord, make them whole again.

Now work through those your Spirit sends To heal, restore and care. May doctors, nurses, neighbors, friends Be answers to our prayer.

And when the journey seems too rough And you seem far away, Remind us, Lord: You are enough To bring us through each day.

*Charge & Benediction

*Postlude

Pay attention each day this week to what you are feeling and name it to God. What emotions do you feel most often? What feelings are the hardest for you to name?

Participants in today's service:

Minister: Rev. Kristin Stroble Worship Leader: Jim Engelkes

Pianist: Tamar Mikeladze

Special Music: Sulin Campbell

<u>Worship Credits:</u> The hymn "O God We Rage at Hurtful Things" is by Carolyn Gillette and used with permission; The video clips are played using a CVLI License; Hymns are printed and streamed with permission from One License #A-725831.

Ushers

Head Usher: Estelle McGroarty

<u>Greeter</u>

Heather Heitman

Livestream

Susan Smalley and Robin Bell

Flowers

Today's flowers are given by Mary Ann Merchant in honor of Dave Merchant's birthday.

Church Leadership and Staff

Rev. Kristin Stroble Pastor

Rev. Shirley Paxton Parish Advisor

Neil Myer Director of Christian Education

Bridgette Redman Office Administrator

Tamar Mikeladze Organist

This Week at Eastminster:

Sept. 24 through Oct. 1, 2023

SUNDAY, 9/24

Worship	10:00 a.m.
Fellowship	11:00 a.m.
Intergenerational Activity	11:15 a.m.
Community Bell Rehearsal	4:00 p.m.

MONDAY, 9/25

Quintet Rehearsal	1:00 p.m.
CCR Bell Rehearsal	6:00 p.m.
Trivia at Royal Scot	7:00 p.m.

TUESDAY, 9/26

WEDNESDAY, 9/27

Men's Bible Study	8:00 a.m.
Bible Study	10:30 a.m.

THURSDAY, 9/28

UKirk Dinner & Gathering	6:30 p.m.
Young Adult Gathering	7:00 p.m.

SUNDAY, 10/1

Worship	10:00 a.m.
Fellowship	11:00 a.m.
Intergenerational Activity	11:15 a.m.
Lansing Matinee Musicale Concert	3:00 p.m.
Community Bell Rehearsal	4:00 p.m.

Kristin will be out of the office Sept. 25. Neil will be out of the office Sept. 26-29.

The Mad You Feel: This Sunday after worship all ages are invited to the Green Room following fellowship time as we continue to explore the work and ministry of Fred (Mister) Rogers. The topic this week is FEELINGS. From songs like "It's such a good feeling", to taking on the question of "What do you do with the mad that you feel?" Mr. Rogers offers us some great wisdom and tools to name and process the range of feelings that all human beings deal with, regardless of our age.